
IMPORTANT NEWS

Open Enrollment has begun online with our new insurance carrier **CIGNA**! This is your annual opportunity to confirm, change, enroll in, or opt out of the employer provided medical and/or dental benefits. After Open Enrollment ends, changes will only be allowed if you have a qualified family status change (i.e. birth or adoption, marriage, etc.). All Open Enrollment materials are available for review and download in HRIS (www.paycom.com) or on My Diocese page <https://mydiocese.rcdob.org>.

CIGNA, a leading insurance company, replaces Empire Blue Cross/Blue Shield (BC/BS) as the insurance carrier for the GMIT plan effective September 1, 2017.

- All claims submitted for services provided until August 31 will be processed by BC/BS. New plan cards will be issued by CIGNA upon completion of the Open Enrollment process.
- CIGNA will provide the same coverage and the same copayments as the current plans. CIGNA Open Access Plus 1 replaces BC/BS Direct plan. CIGNA Open Access Plus 2 replaces BC/BS Direct Share plan. CIGNA's national network replaces the BC/BS Out of Area plan.
- Possible Provider Disruption: Making the change to the insurance carrier was not taken lightly. We were concerned about disruptions with service providers. There may be situations where a provider under BC/BS is not part of the larger CIGNA network. In these cases, CIGNA will actively seek to recruit those identified providers into the CIGNA network before September 1, 2017.
- All plan documentation is available within the HRIS (paycom) <http://www.paycom.com>. The same materials are available on the My Diocese page <https://mydiocese.rcdob.org>.
- Members can call **CIGNA One-Guide 888-806-5042** on a 24/7 basis to check for in-network doctors, to get answers on health plan choices or other questions about the plan. If you call during the OPEN ENROLLMENT period you will not be able to provide your medical ID number to the representative. Please give representative one of the following group names: **Roman Catholic Diocese of Brooklyn, RC Diocese of Brooklyn, Diocese of Brooklyn, Group Medical Insurance Trust, or GMIT.**
- Other features include:
 - Telehealth - Cost effective alternative to convenience care clinics or urgent care centers. Phone or videochat a visit to MDLIVE or Amwell to receive care including most prescriptions for a wide range of minor conditions such as sore throat, fever cold/flu allergies, and more.
 - Lifestyle Management – One-on-one coaching for weight management, tobacco cessation, or stress management.
 - Mobile App - Fully integrated search tools, claims history, personalized support and more.
 - Healthy Rewards - Discount programs for weight management, nutrition, fitness and more.

The CIGNA Dental PPO plan now includes a class for dental implant coverage.

The Prescription Drug plan is remaining with CVS/Caremark.

The employee contribution amounts for every tier (employee only, employee and children, employee and spouse, or family) are standard for all participating organizations and determined solely by the Group Medical Insurance Trust. Your employer, as a participating organization, is required to charge the GMIT standardized rates for every enrolled employee.

To continue your medical insurance after August 31, you must select, verify, and submit your Open Enrollment Election Form through the online system. Once enrolled, you will receive your medical plan ID card. You can follow the online instructions for Open Enrollment by logging into the HRIS system (www.paycom.com) with the credentials distributed by your employer.

If you need extra help for the online system, the attached "Getting Started" document gives sample screen shots to help you navigate the HRIS for medical benefit enrollment.

For web support websupport@diobrook.org or call web support main menu 718-965-7390.